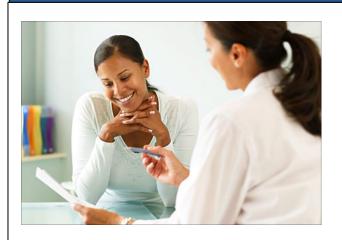
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- Overview of health coaching
- Models of behavioral change
- Motivational interviewing
- Eustress and distress
- Environmental impacts on health
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- Scope of practice, referrals, ethics
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